

#HCDSBEarthWeek



EARTH WEEK

PAPERLESS MONDAY

TRASHLESS TUESDAY

WALK TO SCHOOL WEDNESDAY

BRING YOUR OWN WATER BOTTLE THURSDAY

LIGHTS OUT FRIDAY

PAPERLESS MONDAY

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If every student and staff in our Board used **5 less** sheets of paper per week, we would prevent **840 trees** from being chopped down, every year.

Even if we just used recycled paper only, we would still save over **250 trees** per year.

KEEP IT GOING! You can **REDUCE** the amount of paper in your school by:

Always printing and photo-copying on both sides, and using recycled paper whenever possible.

Setting up a GOOS (Good on One Side) paper bin in your classroom.

Contact Steve Allum (allums@hcdsb.org) or Halton Region for peel and stick bin labels.

Engaging and collaborating digitally – use Desire2Learn, Office365, and other mobile apps like Remind to connect with others online.



TRASHLESS TUESDAY

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If every student at HCDSB eliminated one wrapped item (like a granola bar) from their lunch per week, we would reduce the amount of waste we're sending to our landfill by 7,000 kg, every year.

KEEP IT GOING! There are many ways to do your part when it comes to the “3Rs”:

Reduce: Identify and eliminate one small thing from your daily waste: #HaltonWasteChallenge

Reuse: Sign up for a terra-cycling program (www.terracycle.ca) to “up-cycle” your waste and create usable new products out of items that would have normally been thrown out.

Recycle: Dispose of your waste properly by finding out “Which Bin it Goes In” at: bit.ly/whichbin





WALK TO SCHOOL WEDNESDAY

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If you walked to school once a week instead of getting a ride, Board-wide we would reduce the amount of CO₂ emitted into the atmosphere by 200 metric tonnes, every year.

KEEP IT GOING! REDUCE your school's carbon emissions and footprint:

Support active & healthy living – Participate in *Spring into Spring!* Register your school for the iwalk-iwheel club at: www.saferoutestoschool.ca to track how much you walk – for a chance to win prizes!

Get ready for **Bike to School Week** in May and June. Sign up at: www.bikemonth.ca

Plant a native tree at your school. Trees can be obtained by contacting:

- » Burlingtongreen & Oakvillegreen
- » Conservation Halton
- » Tree Canada





BRING YOUR OWN WATER BOTTLE THURSDAY

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If every student at your school filled up a sports bottle once a day, instead of purchasing a plastic water bottle, after one year the energy savings would power your entire school for about 4 days.

KEEP IT GOING! To **REDUCE** the amount of water bottles being sent to our landfills:

Set a new school goal - have **water bottle-free days**, or even go entirely water bottle-free throughout the school, 365 days a year.

Sell **reusable** sports bottles.

Install additional **water bottle filling stations** in the school! If you're thinking of fundraising, get creative and use your new bottle filling station: the "Green Ticker" bottle counter on the front can help set fundraising goals.

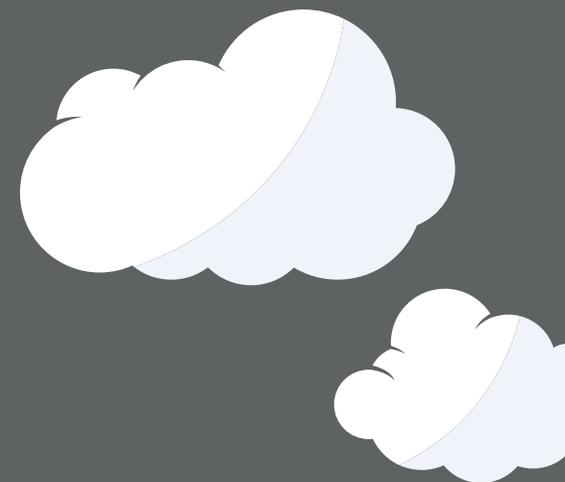




LIGHTS OUT FRIDAY

#HCDSBEarthWeek

If once a week, all schools across HCDSB shut off the lights for one hour, we would save enough electricity to power about 11 homes, every year.



KEEP IT GOING! If you want to be part of **REDUCING ENERGY** in your community:

Have a **Lights out Lunch (LOL)**! Share with your friends on social media using *#LightsOutFriday*.

Participate in **Energy Conservation** efforts throughout the year, such as Earth Hour and National Sweater Day.

Even the smallest actions can help: for example, shut off the sink tap while brushing your teeth.

Your school's **Energy Dashboard TV** has some additional hints and tips!

HOW TO PARTICIPATE IN EARTH WEEK



PAPERLESS MONDAY

Use your white board, smartboard and/or tablets if you have them, and set a no paper goal in your classroom for the day.

TRASHLESS TUESDAY

Pack your lunch using Tupperware and recyclable-only packaging so that nothing will end up in the garbage.

WALK TO SCHOOL WEDNESDAY OR UNPLUGGED WEDNESDAY

Plan to leave your house a little early and walk to school **OR** limit your electronic device use for entertainment during the day. Power off TVs, computers and video game consoles.

BRING YOUR OWN WATER BOTTLE THURSDAY

Avoid plastic water bottles! Pack a refillable sports bottle from home.

LIGHTS OUT FRIDAY

Shut off the lights in your classroom during lunchtime **OR** keep only one row of lights on in your classroom for the day.



Please consider the environment before printing this document.
Thank you.