Digital Intelligence & Well-Being

~ parent learning series ~









TikTok

Snapchat

Instagram

Discord

After two-plus years of living primarily online, many youth are challenged with effectively managing face-to-face, real-world relationships.

In this session you will walk through an easy-to-execute roadmap to support your kids, online. As well, understand core causes of stress and anxiety - and strategies to support your kids, their safety, and screen-time as we highlight:

- Creating Intention & Purpose, Online
- Demo of Tiktok, Snapchat & Discord
- Privacy and Custom Settings
- Building Confidence & Online Skills

~ with Chris Vollum ~

International workshops

Presented to more than 700,000 students throughout Canada and the United States



Recognized educator on

Twitter, Instagram, Discord, Snapchat, Facebook, TikTok

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